PRESS RELEASE 2 — How Reality Really Works Series

FOR IMMEDIATE RELEASE The How Reality Really Works Series Expands Into Three Transformational Volumes

Frankfurt, Germany — October 2026 — SONIKA Publishing announces the prerelease of three major works in the *How Reality Really Works* series by **Matthew Omaye Ajiake, PhD**, forming the foundation of the AHU Cosmology Intellectual Universe.

The series is built on the **Three-Layer Universe Model™**:

- **Identity** — What something is and why it exists
- **Formation** — What shapes it
- **Expression** — What becomes visible as the result

Each book applies this cosmological structure to a different dimension of human experience:

- **How Reality Really Works in Life** — Personal alignment and human meaning
- **How Reality Really Works at Work** — Organizational clarity and workplace transformation
- **How Reality Really Works in Leadership** — Leadership formation, resonance, and expression

The series provides a unified intellectual framework for individuals, teams, and leaders seeking deeper understanding, stronger alignment, and more intentional expression.

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Press Assets: Available via QR code in Frankfurt materials